

Sanford H Calhoun High School

Track & Field (F)



Strength and Conditioning Summer Training

Camp Start Date: July 6, 2021

Start Time: 3:00:00 PM

Camp End Date: August 5, 2021

End Time: 5:00:00 PM

Venue Name: Calhoun High School

Venue Address: 1786 State Street, Merrick, NY 11566

Camp Cost: \$90.00

Questions: Coach Migliano Joe2154@gmail.com (516) 924 - 3714

Special Notes:

The Summer months are crucial for any and all High School athletes, especially if you're playing a fall sport. Calhoun has one of the top male and female track teams in Nassau and its because we don't let up in the off season. So whether you are running Cross Country, playing Soccer, Volleyball or any other sport; come down over the summer and get in the best shape you can. Remember championships are won in the off-seasons!